

## DAY PACKAGES

### SIGNATURE ROOM SPA EXPERIENCE (Exclusive to Spa in the Country at Misty Hills)

The Signature Room is the ultimate pampering spa experience. Boasting a private plunge pool and jet bath, it's perfect for a romantic escape or just to indulge with a friend.

The signature room experience includes spa treatments & lunch. Choose from one of the following packages to restore your body and soul.

#### DIVINE ESCAPE

- Aroma Spa Bath
- Deep Cleanse Facial
- Shea Butter Full Body Massage
- Reflexology Ritual

**R4235 per couple**

#### RETREAT FOR TWO

- Aroma Spa Bath
- Hot Stone Massage
- Hydrating Facial
- Reflexology Ritual

**R4235 per couple**

#### AFRICAN INDULGENCE

- Aroma Spa Bath
- Muti Mud Experience
- Hydrating Facial
- Reflexology Ritual

**R4235 per couple**

#### AFRICAN EXPERIENCE

Aroma Spa Bath  
Hot Stone Full Body Massage.  
Deep Cleanse Facial  
African Scalp Massage  
Lunch Included

**R1550 per person**

#### ROYAL EXPERIENCE

Hydrating Facial  
Paraffin Dip Manicure  
Paraffin Dip Pedicure  
Relaxing Shea Butter Full Body Massage  
Lunch Included

**R1740 per person**

#### PREGNANCY PAMPER EXPERIENCE

Prenatal Massage  
Conditioning Manicure & Pedicure  
Scalp Massage  
Lunch Included

**R1260 per person**

## HALF DAY PACKAGES

### CHAMPAGNE BREAKFAST EXPERIENCE

Champagne Breakfast at the Hotel Restaurant  
Full use of Spa Facilities  
Express Facial 30min  
Swedish Full Body Massage

**R900 per person**

### PERFECTLY PEACEFUL EXPERIENCE

30 minute Back, Neck & Shoulder Massage  
30 minute Reflexology Ritual

**R620 per person**

### COMPLETE COMFORT EXPERIENCE

30 minute Back, Neck & Shoulder Massage  
Hydrating Facial

**R730 per person**

### GIRLS DAY OUT EXPERIENCE

Back, Neck & Shoulder Massage  
Conditioning Manicure & Pedicure  
Lunch Included

**R920 per person or R1655 for two**

### AFRICAN STAY-OVER EXPERIENCE

Hot Stone Full Body Massage  
Deep Cleanse Facial  
African Scalp Massage  
Rates include Spa treatments, light lunch, stay-over in a deluxe room & breakfast.

**Single R2885 / Double - R2250 per person sharing**

### THE SIGNATURE ROOM STAY-OVER EXPERIENCE (Exclusive to Spa in the Country at Misty Hills)

Enjoy a private Spa experience in the Signature Room which includes a private plunge pool and spa bath. Choose from one of three Spa packages exclusively designed for the Signature Room Spa Experience.

Rates include overnight stay in one of our executive suites, inclusive of breakfast & Spa lunch.

**R6550 per couple**

## SPA IN THE COUNTRY



## TREATMENT MENU

[www.spainthecountry.co.za](http://www.spainthecountry.co.za)



## FACIAL RITUALS

The Spa in the Country facial experience is adapted to suit your particular skin type. Our facial treatments concentrate on de-stressing, anti-aging and cell rejuvenation, and includes a scalp and hand massage.

**1 hour Facial R450 30min Facial R300**

## HYDRO THERAPY RITUALS

### AFRICAN RAIN SHOWER EXPERIENCE (self applied)

Like gentle soothing rain, suspended shower heads gently rinse the choice of exfoliation mud from your body. Our Vichy shower experience will improve blood circulation & calm the body and mind. Select one of our exfoliation treatments:

- Muti Mud Scrub – Revitalising
- Boabab Mud Scrub – Relaxing
- Marula Nut Scrub – nourishing

**1 hour R480**

### CIRCULATION SHOWER EXPERIENCE

You are provided with a nourishing mud scrub, which is self-applied. Whilst rinsing the mud scrub from the body the circulation booster shower heads provide a revitalising hydro experience. Shea Butter is provided for you to apply after the shower treatment is complete

**1 hour R465 per person or R875 per couple**

### AROMA SPA BATH

A private Jacuzzi bath with aromatherapy foam bath ritual soothes fatigued bodies and weary minds.

**R220 per bath**

**For all bookings & enquiries, call us now on**

**Spa in the Country at Misty Hills :**  
on (011) 950 6000 or 0861 732 237 or email spa@rali.co.za  
Muldersdrift Estate, 69 Drift Boulevard (R114), Muldersdrift

### THE SPA IN THE COUNTRY BODY EXPERIENCE

A full body exfoliation followed by a soothing massage revitalises the skin and soothes the soul.

We have two choices available:

- The revitalising 'Muti Mud' experience (promotes blood circulation)
- Indulgent Chocolate decadence (encourages relaxation)

**90min R720**

## MASSAGE RITUALS

Shea Butter Full Body Massage Ritual **1 hour – R530**

Hot Stone Full Body Massage **1 hour – R530**

Hot Stone Back, Neck & Shoulder Massage **40 min – R400**

Swedish Massage **1 hour – R460**

Deep Tissue Massage **1 hour – R500**

Back, Neck & Shoulder Massage **30 min – R300**

African Scalp Massage **20 min – R220**

Prenatal Massage **1 hour – R440**

Reflexology Ritual **45 min – R340**

Hand & Arm Ritual **25 min – R220**

Foot & Leg Refreshing Ritual **30 min – R240**

## ESSENTIAL GROOMING RITUALS

### HAND RITUALS

- Conditioning Manicure **R220**
- French Polish Manicure **R250**
- Paraffin Dip Manicure **R280**
- French Polish Paraffin Dip manicure **R350**
- File & Polish **R135**

### FOOT RITUALS

- Conditioning Pedicure **R270**
- French Polish Pedicure **R300**
- Paraffin Dip Pedicure **R350**
- French Polish Paraffin Dip Pedicure **R370**
- File & Polish **R135**

### WAXING RITUALS

- Full Leg Wax **from R275**
- Half Leg Wax **from R240**
- Bikini Wax **from R220**
- Under Arm Wax **from R130**
- Lip, Chin or Brow Wax **from R70**
- Eyebrow Shape **from R55**

## EXTRA ESSENTIAL RITUALS

- Eyelash Tint **R70**
- Eyebrow Tint **R70**
- Eyelash & Brow Tint **R105**
- Spa Lunch **R125 per person**
- Spa Facilities - Misty Hills **R140 per person**
- Spa Facilities - Kedar **R95 per person**

All allocated times include the dressing & undressing of guests. Should you arrive late, we will complete the treatment as per the reserved time. Please ensure swimming costumes are worn in all public areas.

Bookings essential, terms & conditions apply. E&OE

Prices & packages subject to change without prior notice.